

Fear/Anxiety	Guilt/Shame	Anger	Sadness	Loneliness	Hurt	Contented	Excited	Connected	Others
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Afraid	Addicted	Abusive	Anguish	Alienated	Abandoned	Accepting	Adventurous	Accepted	Active
Agitated	Ashamed	Angry	Apathy	Aloof	Abused	Adventurous	Ambitious	Appreciated	Arrogant
Aggravated	Conceited	Annoyed	Blue	Bored	Ache	Affection	Aroused	Caring	Boastful
Anxious	Deficient	Antagonistic	Crushed	Cold	Agony	Alert	Blissful	Cherished	Bold
Apprehensive	Desperate	Bitter	Dejected	Cut-off	Belittled	Alive	Bubbly	Close	Cold
Concerned	Embarrassed	Boiling	Depressed	Deserted	Betrayed	At-peace	Buoyant	Compassionate	Comatose
Cowardly	Heartless	Brutal	Despondent	Detached	Bullied	Awake	Cheerful	Desirous	Compulsive
Cowed	Horrible	Confused	Devastated	Disconnected	Callous	Balanced	Courageous	Devotion	Craving
Defensive	Humiliated	Critical	Discouraged	Discarded	Catatonic	Calm	Delighted	Enthralled	Dictatorial
Dread	Inadequate	Cruel	Disheartened	Distant	Cold	Carefree	Determined	Fulfilled	Disoriented
Edgy	Insignificant	Cynical	Distraught	Empty	Deprived	Centered	Divine	Loving	Doubtful
Freaked-out	Powerless	Defiant	Down	Forsaken	Devalued	Certain	Eager	Lust	Faint
Frightened	Remorseful	Demanding	Exhausted	Frigid	Dismayed	Clarity	Ecstatic	Nurturing	Fixated
Hesitant	Ridiculous	Destructive	Fatigued	Indifferent	Distressed	Complete	Elated	Omnipotent	Helpless
Horrorified	Self-centered	Disgusted	Forlorn	Isolated	Distrustful	Confident	Energetic	Passion	Ineffective
Indecisive	Selfish	Enraged	Heavy	Left-out	Exposed	Creative	Enthusiastic	Patient	Inflexible
Intimidated	Shy	Envious	Hopeless	Longing	Invalidated	Curious	Euphoric	Reassured	Insatiable
Jumpy	Small	Frustrated	Lethargic	Lost	Minimized	Decisive	Excited	Respected	Insistent
Nervous	Superficial	Fury	Melancholy	Neglected	Pain	Destined	Exuberant	Secure	Lazy
Overwhelmed		Hateful	Miserable	Territorial	Rejected	Efficient	Focused	Supported	Obsessed
Panic		Hostile	Regretful	Unwanted	Unappreciated	Encouraged	Gutsy	Sympathetic	Patronized
Paranoid		Impatient	Self-pity	Withdrawn	Unhappy	Friendly	Inspired	Tenderness	Relieved
Paralyzed		Indignant	Sorrowful		Unimportant	Free	Motivated	Trusting	Resistant
Pressured		Infuriated	Tired		Upset	Fulfilled	Powerful	Understanding	Resourceful
Rigid		Insulted	Wistful		Used	Genuine	Proud	Warmth	Slothful
Scared		Irrational	Yearning		Wounded	Gratitude	Radiant		Stubborn
Sensitive		Irritated				Happy	Stimulated		Superior
Shocked		Jealous				Harmony	Strong		Sure
Sick		Judgmental				Innocent	Surprised		Unmotivated
Suspicious		Loathing				Joyful	Thrilled		Unreasonable
Tense		Malicious				Kind	Zestful		Unsatisfied
Terrified		Obnoxious				Limitless			Weak
Threatened		Pissed-off				Nourished			Willful
Trapped		Rage				Peaceful			
Troubled		Resentful				Pleased			
Uncertain		Scornful				Quiet			
Uncomfortable		Self-righteous				Relaxed			
Uptight		Uncaring				Restful			
Worried		Unforgiving				Serene			
		Vindictive				Tranquil			
		Violent				Whole			
		Wrath				Wonderful			

